

Girls' Lacrosse - 2023 RULES CHANGES SUMMARY

Hendrix Niemann, 9/22/22

Editorial comments are in italics.

- 1) Officials will no longer place pressure on the ball when doing stick checks.
- 2) Players may not cross the restraining line after the official's hands are on the sticks at the draw, even if the team has one too few players on the field or if the team has the proper number of players on the field but only two between the restraining lines. ***This should improve the administration of the draw and eliminate confusion.***
- 3) A player who is fouled outside the Critical Scoring Area may self-start within 4 meters of the spot of the foul (rather than "within playing distance" of the foul). ***This should speed up play and reduce instances of officials having to call the player being awarded the ball back to "within playing distance" of the spot of the foul.***
- 4) The defensive player getting the ball MAY self-start on a foul by the attack in the CSA unless the game clock is stopped. ***This change should eliminate false starts by defensive players when they are awarded the ball on an offensive foul. This aligns the HS and MS rule with the college rule.***
- 5) Eliminates AP in an offsetting fouls scenario when one of the fouls is cardable. ***This change also aligns the HS and MS rule with the college rule. It will ensure that a team given a card is not awarded the ball in an AP situation, even though they have the AP arrow.***
- 6) Goalkeeper MAY carry the ball back into the goal circle after it has been cleared and played. ***Previously the goalie had to roll the ball in; now she may carry it in. This also aligns the HS and MS rule with the college rule.***
- 7) On a three-second penalty when the ball is OUTSIDE the CSA and above the goal line extended, the penalty will be administered on the 12m fan at a spot closest to where the three-second violation occurred, NOT at the spot of the ball. ***This is a more appropriate penalty administration. This is NOT an indirect situation, even though it is being administered on the 12m, because three seconds is still a major penalty. The lane must be cleared and the player awarded the ball may shoot.***

2023 POINTS OF EMPHASIS

- Sportsmanship
- Knowledge of the Rules
- Dangerous Use of the Stick